

Dia Olimpico
Oliveira Azemeis, 23. - 24.1.2010

Prova 2
23.1.10 - 16:30

Masc., 400m Livres

13 - 16 anos
Resultados

Pontos: FINA 2009

Lugar	Ano				Tempo final	Pts
Infantis A						
1.	GABRIEL, Jose Luis	96	Ac.Viseu		4:32.23	500
	50m: 30.64 30.64	150m:	250m:	350m:		
	100m: 1:04.71 34.07	200m: 2:14.41	300m:	400m: 4:32.23		
2.	MORAIS, Carlos Diogo	96	Natação Clube Chaves		4:55.90	390
	50m: 31.15 31.15	150m:	250m:	350m:		
	100m: 1:07.17 36.02	200m: 2:22.07	300m:	400m: 4:55.90		
3.	FERREIRA, Rafael Rocha	96	Galitos		4:59.69	375
	50m: 33.34 33.34	150m:	250m:	350m:		
	100m: 1:10.00 36.66	200m: 2:25.44	300m:	400m: 4:59.69		
4.	REIS, Pedro Miguel	96	Sporting Clube de Espinho		5:00.34	373
	50m: 32.34 32.34	150m:	250m:	350m:		
	100m: 1:08.58 36.24	200m: 2:26.64	300m:	400m: 5:00.34		
5.	SILVA, Job Santos	96	Clube Desportivo Feirense		5:03.28	362
	50m: 34.01 34.01	150m:	250m:	350m:		
	100m: 1:12.00 37.99	200m: 2:30.08	300m:	400m: 5:03.28		
6.	COSTA, Pedro Miguel	96	Sporting Clube de Aveiro		5:03.44	361
	50m: 33.92 33.92	150m:	250m:	350m:		
	100m: 1:12.02 38.10	200m: 2:30.83	300m:	400m: 5:03.44		
7.	FUKUNAGA, William Norio	96	Sporting Clube de Espinho		5:03.77	360
	50m: 33.23 33.23	150m:	250m:	350m:		
	100m: 1:12.93 39.70	200m: 2:31.85	300m:	400m: 5:03.77		
8.	BAPTISTA, Joao Paulo	96	Sporting Clube de Espinho		5:08.88	342
	50m: 32.94 32.94	150m:	250m:	350m:		
	100m: 1:11.30 38.36	200m: 2:30.70	300m:	400m: 5:08.88		
9.	COIMBRA, Daniel Baptista	96	Clube Desportivo Feirense		5:19.35	310
	50m: 33.56 33.56	150m:	250m:	350m:		
	100m: 1:11.68 38.12	200m: 2:31.93	300m:	400m: 5:19.35		
10.	MARQUES, Bernardo António	96	Ac.Viseu		5:21.05	305
	50m: 36.62 36.62	150m:	250m:	350m:		
	100m: 1:16.26 39.64	200m: 2:37.71	300m:	400m: 5:21.05		
11.	FERREIRA, Marcelo Jose	96	Ac.Viseu		5:25.16	294
	50m: 36.04 36.04	150m:	250m:	350m:		
	100m: 1:16.01 39.97	200m: 2:38.64	300m:	400m: 5:25.16		
12.	RAMOS, Carlos Daniel	96	Clube Desportivo Estarreja		5:34.15	271
	50m: 39.08 39.08	150m:	250m:	350m:		
	100m: 1:21.90 42.82	200m: 2:49.72	300m:	400m: 5:34.15		
13.	SANTOS, Joao Martins	96	Gafanha da Encarnacao		5:39.80	257
	50m: 35.78 35.78	150m:	250m:	350m:		
	100m: 1:17.09 41.31	200m: 2:44.66	300m:	400m: 5:39.80		
14.	ADREGO, Nuno Fernandes	96	Clube Desportivo Estarreja		5:43.46	249
	50m: 38.90 38.90	150m:	250m:	350m:		
	100m: 1:23.64 44.74	200m: 2:54.42	300m:	400m: 5:43.46		
15.	GONCALVES, Nuno Ricardo	96	Clube Campinho		5:52.07	231
	50m: 40.20 40.20	150m:	250m:	350m:		
	100m: 1:26.24 46.04	200m: 2:56.88	300m:	400m: 5:52.07		
16.	ARAUJO, Tiago Filipe	96	Clube Desportivo Feirense		5:54.26	227
	50m: 37.88 37.88	150m:	250m:	350m:		
	100m: 1:20.91 43.03	200m: 2:51.56	300m:	400m: 5:54.26		
17.	MEDEIROS, Daniel Filipe	96	Estamos Juntos		6:23.39	179
	50m: 37.45 37.45	150m:	250m:	350m:		
	100m: 1:23.59 46.14	200m: 3:02.81	300m:	400m: 6:23.39		

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Prova 2, Masc., 400m Livres

Infantis B

1.	COSTA, Andre Lima	97	Sporting Clube de Espinho	5:10.87	336
	50m: 1:11.62	150m: 2:30.09	250m: 350m:	400m: 5:10.87	
2.	TRIGO, Hugo Guilherme	97	Sporting Clube de Aveiro	5:32.55	274
	50m: 36.39 36.39	150m: 2:43.24	250m: 350m:	400m: 5:32.55	
	100m: 1:18.24 41.85	200m: 2:44.32	300m: 400m:	5:37.78	
3.	CARDOSO, Antonio Pedro	97	Ac.Viseu	5:37.78	262
	50m: 36.43 36.43	150m: 2:44.32	250m: 350m:	400m: 5:37.78	
	100m: 1:17.67 41.24	200m: 2:49.11	300m: 400m:	5:39.18	
4.	GUEDES, Bernardo Soares	97	Sporting Clube de Espinho	5:39.18	259
	50m: 39.90 39.90	150m: 2:49.11	250m: 350m:	400m: 5:39.18	
	100m: 1:21.79 41.89	200m: 2:46.69	300m: 400m:	5:39.77	
5.	MELO, Joao Ismael	97	Grupo Desportivo da Mealhada	5:39.77	257
	50m: 37.37 37.37	150m: 2:46.69	250m: 350m:	400m: 5:39.77	
	100m: 1:20.45 43.08	200m: 2:49.16	300m: 400m:	5:40.19	
6.	TAVEIRA, Joao Afonso	97	Galitos	5:40.19	256
	50m: 39.63 39.63	150m: 2:49.16	250m: 350m:	400m: 5:40.19	
	100m: 1:21.91 42.28	200m: 2:47.46	300m: 400m:	5:41.66	
7.	SILVA, Andre Gustavo	97	Sporting Clube de Espinho	5:41.66	253
	50m: 38.79 38.79	150m: 2:47.46	250m: 350m:	400m: 5:41.66	
	100m: 1:21.89 43.10	200m: 2:45.91	300m: 400m:	5:42.03	
8.	ROCHA, Francisco Sousa	97	Sporting Clube de Aveiro	5:42.03	252
	50m: 37.65 37.65	150m: 2:45.91	250m: 350m:	400m: 5:42.03	
	100m: 1:19.03 41.38	200m: 2:45.98	300m: 400m:	5:42.85	
9.	CAPITAO, Simao Miguel	97	Clube Desportivo Feirense	5:42.85	250
	50m: 35.59 35.59	150m: 2:45.98	250m: 350m:	400m: 5:42.85	
	100m: 1:16.88 41.29	200m: 2:57.00	300m: 400m:	5:46.04	
10.	CORREIA, Ricardo Alexandre	97	Sporting Clube de Espinho	5:46.04	244
	50m: 41.63 41.63	150m: 2:57.00	250m: 350m:	400m: 5:46.04	
	100m: 1:26.42 44.79	200m: 2:53.19	300m: 400m:	5:46.65	
11.	GOMES, Joao Pedro	97	Sporting Clube de Espinho	5:46.65	242
	50m: 39.87 39.87	150m: 2:53.19	250m: 350m:	400m: 5:46.65	
	100m: 1:24.42 44.55	200m: 2:49.21	300m: 400m:	5:47.94	
12.	COSTA, Bernardo Ferro	97	Sporting Clube de Espinho	5:47.94	240
	50m: 37.53 37.53	150m: 2:49.21	250m: 350m:	400m: 5:47.94	
	100m: 1:20.38 42.85	200m: 2:52.76	300m: 400m:	5:50.33	
13.	COSTA, Alexandre Gomes	97	Sporting Clube de Aveiro	5:50.33	235
	50m: 39.69 39.69	150m: 2:52.76	250m: 350m:	400m: 5:50.33	
	100m: 1:22.92 43.23	200m: 2:51.29	300m: 400m:	5:57.59	
14.	RODRIGUES, Rafael Abrantes	97	Gafanha da Encarnacao	5:57.59	221
	50m: 37.84 37.84	150m: 2:51.29	250m: 350m:	400m: 5:57.59	
	100m: 1:20.71 42.87	200m: 2:54.51	300m: 400m:	5:59.64	
15.	FERREIRA, Tiago Valente	97	Clube Desportivo Estarreja	5:59.64	217
	50m: 38.47 38.47	150m: 2:54.51	250m: 350m:	400m: 5:59.64	
	100m: 1:22.17 43.70	200m: 2:56.15	300m: 400m:	5:59.88	
16.	MATA, Joao Ricardo	97	Galitos	5:59.88	217
	50m: 40.74 40.74	150m: 2:56.15	250m: 350m:	400m: 5:59.88	
	100m: 1:24.46 43.72	200m: 2:57.70	300m: 400m:	6:00.88	
17.	MATOS, Hugo Jose	97	Gafanha da Encarnacao	6:00.88	215
	50m: 40.39 40.39	150m: 2:57.70	250m: 350m:	400m: 6:00.88	
	100m: 1:25.06 44.67	200m: 2:57.87	300m: 400m:	6:06.45	
18.	BETTENCOURT, Ricardo Maria	97	Sporting Clube de Aveiro	6:06.45	205
	50m: 38.67 38.67	150m: 2:57.87	250m: 350m:	400m: 6:06.45	
	100m: 1:24.46 45.79	200m: 2:57.87	300m: 400m:		

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Lugar	Ano	Tempo final	Pts
19. CANTANTE, Luis Gamboa	97 Sporting Clube de Aveiro	6:09.25	200
50m: 42.37 42.37	150m: 250m:	350m:	
100m: 1:28.28 45.91	200m: 2:59.67	400m: 6:09.25	
20. SALDANHA, Antonio Manuel	97 Sporting Clube de Aveiro	6:43.64	153
50m: 41.03 41.03	150m: 250m:	350m:	
100m: 1:32.86 51.83	200m: 3:15.57	400m: 6:43.64	

Juvenis A

1. PAULA, Joao Carlos	94 Galitos	4:29.94	513
50m: 30.90 30.90	150m: 250m:	350m:	
100m: 1:04.98 34.08	200m: 2:13.35	400m: 4:29.94	
2. SOUSA, Alcides Costa	94 Clube Desportivo Feirense	4:37.14	474
50m: 28.97 28.97	150m: 250m:	350m:	
100m: 1:02.43 33.46	200m: 2:12.52	400m: 4:37.14	
3. COELHO, Joao Goncalo	94 Sporting Clube de Aveiro	4:40.59	457
50m: 30.17 30.17	150m: 250m:	350m:	
100m: 1:03.76 33.59	200m: 2:15.62	400m: 4:40.59	
4. MONTEIRO, Andre Filipe	94 Galitos	4:42.10	450
50m: 31.42 31.42	150m: 250m:	350m:	
100m: 1:06.96 35.54	200m: 2:18.41	400m: 4:42.10	
5. BALSEIRO, Filipe Rainho	94 Galitos	4:44.39	439
50m: 31.66 31.66	150m: 250m:	350m:	
100m: 1:06.29 34.63	200m: 2:17.03	400m: 4:44.39	
6. SILVA, Andre Marques	94 Sporting Clube de Aveiro	4:45.00	436
50m: 31.72 31.72	150m: 250m:	350m:	
100m: 1:06.93 35.21	200m: 2:18.81	400m: 4:45.00	
7. CAETANO, Gino Santos	94 Sporting Clube de Aveiro	4:46.84	428
50m: 30.94 30.94	150m: 250m:	350m:	
100m: 1:05.22 34.28	200m: 2:18.57	400m: 4:46.84	
8. SANTOS, Joao Manuel	94 Clube Campinho	4:49.40	416
50m: 30.94 30.94	150m: 250m:	350m:	
100m: 1:05.95 35.01	200m: 2:20.00	400m: 4:49.40	
9. CATELAS, Diogo Filipe	94 Estamos Juntos	4:54.26	396
50m: 31.99 31.99	150m: 250m:	350m:	
100m: 1:07.79 35.80	200m: 2:20.72	400m: 4:54.26	
10. FERREIRA, Rafael Arrojado	94 Clube Desportivo Estarreja	5:00.15	373
50m: 31.77 31.77	150m: 250m:	350m:	
100m: 1:07.37 35.60	200m: 2:24.80	400m: 5:00.15	
11. BAPTISTA, Filipe Jose	94 Clube Desportivo Feirense	5:03.71	360
50m: 31.50 31.50	150m: 250m:	350m:	
100m: 1:06.91 35.41	200m: 2:23.03	400m: 5:03.71	
12. CORREIA, Nuno Alexandre	94 Clube Campinho	5:04.41	358
50m: 32.97 32.97	150m: 250m:	350m:	
100m: 1:10.13 37.16	200m: 2:27.74	400m: 5:04.41	
13. ANDRADE, Tiago Botelho	94 Clube Desportivo Feirense	5:11.38	334
50m: 32.02 32.02	150m: 250m:	350m:	
100m: 1:09.66 37.64	200m: 2:29.28	400m: 5:11.38	
14. AZEVEDO, Tiago Ferreira	94 Estamos Juntos	5:14.13	326
50m: 33.25 33.25	150m: 250m:	350m:	
100m: 1:12.81 39.56	200m: 2:34.88	400m: 5:14.13	
15. TEIXEIRA, Guilherme Marques	94 Clube Campinho	5:14.93	323
50m: 34.73 34.73	150m: 250m:	350m:	
100m: 1:13.90 39.17	200m: 2:34.34	400m: 5:14.93	

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Prova 2, Masc., 400m Livres, Juvenis A

Lugar					Ano					Tempo final	Pts
16.	BARBOSA, Telmo Goncalves				94	Clube Desportivo Feirense				5:16.02	320
	50m:	33.19	33.19	150m:		250m:		350m:			
	100m:	1:11.40	38.21	200m:	2:32.62	300m:		400m:	5:16.02		
17.	AMARAL, Henrique Manuel				94	Clube Desportivo Estarreja				5:20.53	306
	50m:	33.93	33.93	150m:		250m:		350m:			
	100m:	1:12.69	38.76	200m:	2:34.06	300m:		400m:	5:20.53		
18.	DUARTE, Daniel Marques				94	Clube Campinho				5:29.65	282
	50m:	35.27	35.27	150m:		250m:		350m:			
	100m:	1:15.19	39.92	200m:	2:37.93	300m:		400m:	5:29.65		
19.	GUIMARAES, Jose Miguel				94	Estamos Juntos				5:36.03	266
	50m:	33.35	33.35	150m:		250m:		350m:			
	100m:	1:13.15	39.80	200m:		300m:		400m:	5:36.03		
20.	PERALTA, Luis Duarte				94	Clube Campinho				5:36.70	264
	50m:	36.78	36.78	150m:		250m:		350m:			
	100m:	1:18.09	41.31	200m:	2:42.36	300m:		400m:	5:36.70		
21.	RODRIGUES, Joao Carlos				94	Clube Desportivo Estarreja				5:39.88	257
	50m:	35.90	35.90	150m:		250m:		350m:			
	100m:	1:16.65	40.75	200m:	2:42.63	300m:		400m:	5:39.88		
22.	PINHO, Joao Pedro				94	Estamos Juntos				5:47.93	240
	50m:	39.67	39.67	150m:		250m:		350m:			
	100m:	1:22.90	43.23	200m:	2:50.89	300m:		400m:	5:47.93		
23.	VALENTE, Nuno Rafael				94	Estamos Juntos				5:59.42	217
	50m:	39.54	39.54	150m:		250m:		350m:			
	100m:	1:22.35	42.81	200m:	2:54.18	300m:		400m:	5:59.42		

Juvenis B

1.	SANTOS, Joao Pedro				95	Clube Desportivo Estarreja				4:40.30	458
	50m:	29.57	29.57	150m:		250m:		350m:			
	100m:	1:03.83	34.26	200m:	2:16.43	300m:		400m:	4:40.30		
2.	TEIXEIRA, Joao Miguel				95	Ac.Viseu				4:41.67	452
	50m:	31.31	31.31	150m:		250m:		350m:			
	100m:	1:06.28	34.97	200m:	2:17.89	300m:		400m:	4:41.67		
3.	MARQUEZ, Henrique Jose				95	Galitos				4:50.78	411
	50m:	31.62	31.62	150m:		250m:		350m:			
	100m:	1:07.04	35.42	200m:	2:20.90	300m:		400m:	4:50.78		
4.	SA, Goncalo Pereira				95	Clube Desportivo Feirense				4:57.17	385
	50m:	32.48	32.48	150m:		250m:		350m:			
	100m:	1:10.25	37.77	200m:	2:27.15	300m:		400m:	4:57.17		
5.	MOURA, Diogo Magalhaes				95	Ac.Viseu				4:58.48	380
	50m:	32.04	32.04	150m:		250m:		350m:			
	100m:	1:09.06	37.02	200m:	2:25.75	300m:		400m:	4:58.48		
6.	CARDOSO, Marcelo Oliveira				95	Sporting Clube de Aveiro				5:01.18	369
	50m:	33.29	33.29	150m:		250m:		350m:			
	100m:	1:10.91	37.62	200m:	2:28.87	300m:		400m:	5:01.18		
7.	OLIVEIRA, Joao Pedro				95	Gafanha da Encarnacao				5:01.40	369
	50m:	31.92	31.92	150m:		250m:		350m:			
	100m:	1:08.49	36.57	200m:	2:25.29	300m:		400m:	5:01.40		
8.	MOURO, Miguel Silva				95	Ac.Viseu				5:09.53	340
	50m:	33.87	33.87	150m:		250m:		350m:			
	100m:	1:13.22	39.35	200m:	2:34.28	300m:		400m:	5:09.53		
9.	GOMES, Claudio Dias				95	Gafanha da Encarnacao				5:11.54	334
	50m:	32.81	32.81	150m:		250m:		350m:			
	100m:	1:09.36	36.55	200m:	2:27.88	300m:		400m:	5:11.54		

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Prova 2, Masc., 400m Livres, Juvenis B

Lugar					Ano					Tempo final	Pts
10.	FERNANDES, Pedro Antonio				95	Ac.Viseu				5:12.64	330
	50m:	34.95	34.95	150m:		250m:		350m:		5:12.64	
	100m:	1:14.85	39.90	200m:	2:34.44	300m:		400m:			
11.	ALMEIDA, Tomas Lopes				95	Clube Campinho				5:16.60	318
	50m:	35.28	35.28	150m:		250m:		350m:		5:16.60	
	100m:	1:15.56	40.28	200m:	2:38.14	300m:		400m:			
12.	COSTA, Fabio Ruben				95	Clube Desportivo Feirense				5:17.51	315
	50m:	34.16	34.16	150m:		250m:		350m:		5:17.51	
	100m:	1:13.57	39.41	200m:	2:39.49	300m:		400m:			
13.	SOARES, Luis Miguel				95	Sporting Clube de Espinho				5:27.92	286
	50m:	36.26	36.26	150m:		250m:		350m:		5:27.92	
	100m:	1:16.68	40.42	200m:	2:40.68	300m:		400m:			
14.	BERNARDES, Jose Pedro				95	Estamos Juntos				5:28.14	286
	50m:	35.05	35.05	150m:		250m:		350m:		5:28.14	
	100m:	1:14.63	39.58	200m:	2:35.03	300m:		400m:			
15.	MELO, Pedro Filipe				95	Sport Alges e Águeda				5:30.37	280
	50m:	38.70	38.70	150m:		250m:		350m:		5:30.37	
	100m:	1:20.06	41.36	200m:	2:43.71	300m:		400m:			
16.	ARAUJO, Marco Alexandre				95	Clube Desportivo Feirense				5:39.62	258
	50m:	34.99	34.99	150m:		250m:		350m:		5:39.62	
	100m:	1:14.60	39.61	200m:	2:42.87	300m:		400m:			
17.	ALMEIDA, Ruben Manuel				95	Clube Desportivo Feirense				5:41.94	252
	50m:	36.21	36.21	150m:		250m:		350m:		5:41.94	
	100m:	1:17.07	40.86	200m:	2:43.00	300m:		400m:			
18.	BRANCO, Miguel Frias				95	Clube Campinho				5:51.70	232
	50m:	37.12	37.12	150m:		250m:		350m:		5:51.70	
	100m:	1:22.30	45.18	200m:	2:55.05	300m:		400m:			
EXH	LOPES, Daniel Filipe				96	Clube Natação Vila Real				5:25.23	293
	50m:	35.34	35.34	150m:		250m:		350m:		5:25.23	
	100m:	1:15.11	39.77	200m:	2:37.25	300m:		400m:			
EXH	FERNANDES, José Miguel				97	Clube Natação Interior Norte				6:01.30	214
	50m:	38.19	38.19	150m:		250m:		350m:		6:01.30	
	100m:	1:22.37	44.18	200m:	2:56.66	300m:		400m:			